

# Membership Application Form

LONG BEACH GRUNION SWIM TEAM



We are delighted that you have taken the first step to become part of the team! As a Grunion Swim Team member, you are required to meet the following conditions:

- You are at least 18 years of age
- You can swim across 25 yard pool (don't worry about your speed!)
- You have a desire to be a part of a team
- You pay the monthly membership fee (currently \$45.00)
- You are registered with USMS and pay the annual membership fee (currently \$48.00)
- You have paid the annual Team membership fee (\$25)

As a new member your first month dues will be \$20 plus the annual Team membership fee of \$25

- If you decide to join us, you'll be asked to start paying your monthly dues, and join the USMS if you are not a current member.

NAME: (Please Print) \_\_\_\_\_ EMAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE #: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ CONTACT PHONE #: \_\_\_\_\_

May we publish your info in our roster?  Yes  No Do you currently belong to USMS?  Yes  No

What is your main reason for joining the Grunion Swim Team?  Fitness  Competing  To train for triathlons

Other: \_\_\_\_\_

## General Release and Acknowledgement

Please read the following information carefully, date and sign, and give it to the coach on deck before you enter the pool.

1. I understand our membership dues are used to pay for facility rentals. I understand that, unless otherwise specifically waived by the team, I am responsible for paying the team dues in a timely manner when they are due. I acknowledge that when my dues are in arrears, I may not be allowed to practice until such dues in arrears are paid in full. I also understand that the team holds fundraising events in order to offset the team's operating expenses. Therefore, in order to support the team in this regard, I agree to volunteer for the team's fundraising events, including but not limited to swim meets which the team may host from time to time.
2. I understand that the team is covered by the liability insurance through the United States Masters Swimming (USMS) umbrella policy. I understand that all active team members must be registered with the USMS in order for the liability insurance to have an effective coverage for our team, regardless of whether or not one intends to participate in any USMS sanctioned swim meet. Therefore, I understand that I must register as a USMS member at all times while I am an active member of the team, and I must renew the USMS registration annually in a timely manner. I acknowledge that I have an initial 30-day grace period during which time I may practice with the team without a valid USMS registration. I also acknowledge that after the grace period and anytime thereafter, I will not be allowed to practice with the team until I present a reasonable proof of a valid USMS registration.

3. I understand that as a team member, I am required to abide by certain code of conduct. I agree to treat my fellow members with respect and dignity they deserve. I agree to comply with the team coaches' instructions at practices for my safety and for safety of others. I also agree that failure to comply with coaches' instructions may result in removal from practice at his/her discretion. Additionally, I agree to conduct myself in a lawful manner as defined by the governing laws, rules, and policies at any event (or venue) that the team is participating in. I agree to conduct myself in the spirit of team sports and in accordance with the rules and policies as defined by the governing members of the team. I agree that at no time will lewd, lascivious, disrespectful, or unsportsmanlike conduct, as determined by the governing members, be tolerated. I agree that my membership may be revoked when I am found to be in violation of any of the rules, including, but not limited to, team bylaws, USMS rules and regulations, and International Gay and Lesbian Aquatics Association (IGLA) rules and regulations. **Initial** \_\_\_\_\_
4. I understand that physical activity, such as contemplated by the team, by its very nature, carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. Some of the team's practices involve strenuous exertions of strength and cardio-vascular stress. I voluntarily and freely choose to assume such risks. It is my responsibility to consult with my physician prior to joining the team to ensure that I am physically fit to participate in the team activities. To the best of my knowledge and according to my physician's evaluation, I am physically fit to participate in the team activities. **Initial** \_\_\_\_\_
5. Although the team will make every effort to communicate any team business in a timely manner to its members, I acknowledge that I am ultimately responsible for ensuring to obtain necessary information such as practice schedule change. In that regard, I acknowledge and agree that I will make every effort to provide up-to-date contact information, including an e-mail address to the team. I agree that I will not share such information with any other persons outside of the team. I also agree that I will use such information only for communicating with each other for team related businesses and not for any other purposes unless otherwise specifically authorized to do so.
6. I understand that team photos and individual names may be used in news articles, team website and other news media from time to time.
7. I expressly, knowingly, and voluntarily waive any and all rights and benefits conferred upon me by the provisions of section 1542 of the California Civil Code. Section 1542 of the California Civil Code provides as follows: "A general release does not extend to the claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor."
8. I also release and indemnify the team, its officers, directors, committee chairpersons, committee members, instructors, agents or coaches from any and all liabilities, claims, demands, actions and causes of action whatsoever as a result of my participation or injury at any team related activity, unless due to gross negligence or intentional acts of the team or its members. I further agree to release and indemnify the team and its members from any and all liability, claims, actions, suits, judgment, damages and costs that may result by reason of my participation in or injury from any team related activity, unless due to gross negligence or intentional acts of the team or its members. I will not institute any lawsuit or other legal action against the team or its members as a result of my participation or injury at any team related activity, unless due to gross negligence or intentional acts of the team or its members, nor will I voluntarily assist anyone else in the pursuit of any such lawsuit or other legal action. I hereby acknowledge that I have fully read each of the above provisions and fully understand and agree with each provision.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Accepted by:** \_\_\_\_\_ **Date:** \_\_\_\_\_